

RightSize® Multivitamin

Supplement Facts

Serving Size: 2 Tablets

Servings Per Container: 30

	Amount Per Serving	% Daily Value
Vitamin A	5000 IU	100%
Vitamin C	240 mg	400%
Vitamin D	400 IU	100%
Vitamin E	120 IU	400%
Vitamin K	20 mcg	25%
Thiamin	1.5 mg	100%
Riboflavin	1.7 mg	100%
Niacin	20 mg	100%
Vitamin B ₆	2 mg	100%
Folic acid	400 mcg	100%
Vitamin B ₁₂	6 mcg	100%
Biotin	75 mcg	25%
Pantothenic acid	10 mg	100%
Calcium	500 mg	50%
Iron	18 mg	100%
Iodine	150 mcg	100%
Magnesium	200 mg	50%
Zinc	15 mg	100%
Selenium	200 mcg	286%
Copper	2 mg	100%
Manganese	2 mg	100%
Chromium	180 mcg	150%
Molybdenum	25 mcg	33%
Chloride	15 mg	<1%
Sodium	10 mg	<1%
Potassium	10 mg	<1%
Appemine™ (providing 50 mg of caffeine) (guarana seed extract, green tea leaf extract, cinnamon twig extract, galangal rhizome, <i>Citrus aurantium</i> immature fruit extract, cayenne pepper fruit, and white willow bark extract)	150 mg	*

* Daily value not established.

Other ingredients: Microcrystalline cellulose, croscarmellose sodium, stearic acid, calcium silicate, magnesium stearate, silica, and pharmaceutical glaze.