

# Slend-a-Berry™

<b>Nutrition Facts</b>			
Serving Size: 1 scoop (26.3 g)			
Servings Per Container: 30			
<b>Amount Per Serving</b>			
<b>Calories</b>	100	Calories from Fat	25
			<b>% Daily Value</b>
<b>Total Fat</b>	2.5 g		4%*
Saturated Fat	0 g		0%*
<b>Cholesterol</b>	0 mg		0%*
<b>Sodium</b>	95 mg		4%*
<b>Potassium</b>	150 mg		4%*
<b>Total Carbohydrate</b>	11 g		4%*
Dietary Fiber	3 g		12%*
Sugars	5 g		
<b>Protein</b>	9 g		18%*
Vitamin A	50%	Vitamin C	50%
Calcium	30%	Iron	6%
Vitamin D	50%	Vitamin E	50%
Thiamin	50%	Riboflavin	50%
Niacin	50%	Vitamin B <sub>6</sub>	50%
Folic acid	50%	Vitamin B <sub>12</sub>	50%
Biotin	50%	Pantothenic acid	50%
Phosphorus	30%	Iodine	50%
Magnesium	50%	Zinc	50%
Selenium	50%	Copper	50%
Manganese	50%	Chromium	100%
Molybdenum	50%		

Percent Daily Values are based on a 2,000 calorie diet. Your diet values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	60g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g
Calories per gram			
Fat - 9		Carbohydrates - 4	Protein - 4

**Ingredients:** Soy protein isolate with isoflavones, fructose, safflower oil complex [safflower oil, corn syrup solids, sodium caseinate (a milk derivative), dipotassium phosphate, mono and diglycerides, lecithin, tocopherols (to help protect flavor), natural flavor, and less than 2% silicon dioxide (anti-caking agent)], soy protein concentrate, Fibersol-2® (soluble fiber glucose polymer complex), **Mineral Blend:** (dicalcium phosphate, magnesium oxide, zinc citrate, sodium molybdate, chromium dinicotinate glycinate, manganese sulfate, sodium selenate, copper oxide, and potassium iodide), natural & artificial flavors, **Appemine®:** (providing 50 mg of caffeine)(guarana seed extract, green tea leaf extract, cinnamon twig extract, galangal root extract, cayenne pepper fruit, and white willow bark extract ), beet color, **Gum Blend** (cellulose gum, xanthan gum, carrageenan), silica, **Vitamin Blend:** (ascorbic acid, dl-alpha-tocopheryl acetate, retinyl palmitate, niacinamide, D-calcium pantothenate, cholecalciferol, pyridoxine hydrochloride, riboflavin, thiamin mononitrate, folic acid, d-biotin, and cyanocobalamin), citric acid, malic acid, acesulfame potassium, maltodextrin, lipase, and **Glycemic Support Blend:** [vanadyl sulfate (supplying 200 mcg of vanadium) and chromium polynicotinate]. Fibersol-2® is a registered trademark of Matsutani Chemical Industry Co.