RightSize Slend-a-Berry (powder)

Nutritional Panel

To order please visit www.rightsizeonline.com

Slend-a-Berry™

Nutrition Facts
Serving Size: 1 scoop (26.3 g)
Servings Per Container: 30

Amount Per Serving			
Calories	100	Calories from Fat	25
			% Daily Value
Total Fat	2.5 g		4%*
Saturated Fat	0 g		0%*
Cholesterol	0 mg		0%*
Sodium	95 mg		4%*
Potassium	150 mg		4%*
Total Carbohydrate	11 g		4%*
Dietary Fiber	3 g		12%*
Sugars	5 g		
Protein	9 g		18%*
Vitamin A	50%	Vitamin C	50%
Calcium	30%	Iron	6%
Vitamin D	50%	Vitamin E	50%
Thiamin	50%	Riboflavin	50%
Niacin	50%	Vitamin B_6	50%
Folic acid	50%	Vitamin B_{12}	50%
Biotin	50%	Pantothenic acid	50%
Phosphorus	30%	Iodine	50%
Magnesium	50%	Zinc	50%
Selenium	50%	Copper	50%
Manganese	50%	Chromium	100%
Molybdenum	50%		

Percent Daily Values are bases on 2,000 calorie diet. Your diet values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	60g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram
Fat - 9 Carbohydrates - 4 Protein - 4